



TRAVEL DIARY

PERUGIA

12/05 -> 25/05 2019

I will guide you through my trip to Perugia together with about 25 other students from ZBC all around in Denmark, in 2 weeks.

Isabella Emilie Thaarup

DAY 1 → Sunday the. 12/05

04:00 in the morning I woke up and watering al my plants and took clothe on, so I was ready to go at 4:30. My mom and dad vas driving me.

We met at Copenhagen airport at 5:00 in the morning, in terminal three. Then we got over at terminal, and checked in together. After we walked around in the airport and bought some breakfast. We met together again when our plane will departure, and then we went onboard the plane. I was sitting next to the guide/teacher and one other girl from one of the other ZBC in Denmark.

When we landed in Rome, we waited about 2 hours for the bus to drive. It was a very long bus driving.

In this trip, I expect that I will learn at lots of new people to know, and appear the new Italian culture too know. I also hope it will be I nice trip, and something I am going to remember in the future.

After the very long bus trip, we went to the hostel. It was quit tough because we had big suitcases with us up and down the hills. My first impressions of the hostel was, that it was very small and not room for every each of us, but we fast found out of it. I was placed at the girls' 4-persons room, but another girl with big problems with many peoples, vas getting in our room, so we was 5 at the room. I was sleeping in the dobbelt bed with two others.

It was okay, but a bit too small for us 5 peoples. I am sure it will get better, and we have to give time for each other's. The closet was neither that big.

In the afternoon, we went at a pizzeria, and a little supermarket.



DAY 2 → Monday the. 13/05

Today was the first day at the school. We was eating breakfast at 7:00 to 8:00. Then we were driving with the bus to the school.

The teachers from the school was very welcoming, and okay at speaking English. Today was more a presentation from the school, and learning some of the Italy food culture.

The Italian people make very special ice cream. It is natural made, and the ice have to reduce at least 24 hours to get most taste out of the ice cream.



DAY 3 → Tuesday the. 14/05

We woke up in the morning and were eating the boring breakfast. It was yogurt, cornflakes and sometimes some fruits.

When we went to school, we was looking at our teacher Domenico, to make some different menus. He was making a sausage menu, and pasta with pesto. – We experience that they did not was so hygienically about the food. He did not wash his hands after touching eggs, meat and vegetable. In addition, he used the same spoon to taste and mix the sausage dish.

When we got home to the hostel, we was walking a long time to a bigger supermarket with some better prizes and a bigger selection of foodstuff. We made Pasta with vegetable, cream and bacon with some freshly baked bread with pesto, mozzarella and white wine.



DAY 4 → Wednesday the. 15/05

Today we went to school. We was going to make different kinds of pasta, and our teacher showed us too use the pasta. We make pasta for tortellini, lasagna, and one other pasta menu. In the tortellini, we was making a fill with Ricotta, parmesan and mascarpone.

After school, a bus was driving us to Gubbio, which was a city in Italy. Every year in Italy, there are a parade in Gubbio, and it was today. It is nice that a big day like that is, when we are there.

Our teacher from the school told us that there was free wine and free food, but none of that was true. As dinner, we ate some durum in Gubbio.



DAY 5 → Thursday the 16/05

Today in the kitchen, we made pasta with Domenico again. We made gnocchi and some kind of spaghetti to different pasta menus.

All of us was quite tired, so the plan for the rest of the day was to get home to the hostel, and relax. However, when we got home, there was a huge car run with Mercedes and Ferrari cars. Also at the main street, there was some small stand, who was selling jewelry, and very many people to watch the cars. It was cars all around Europe, and some from Denmark. Later on the afternoon, we was to beer tasting with Dennis and four others.

For dinner, we made bolognese sauce with spaghetti and vegetables. For dessert, we made pancakes.



DAY 6 → Friday the 17/05 2019

Today Domenico was making five different Italia pasta menus. He showed us how to make carbonate, something with shells, spaghetti and tomato, Pasta with spinach and anchovy, pasta with aborigine and pasta with some cheese.

When we got home, I was walking with Elise and Cecilie to check nice eating-places out, and to experience Perugia. It was very nice weather.

In the afternoon, we was eating dinner at the Main Street. I got a salad with octopus and potato, and we split a whine. It was very pleasant and nice. The waiter was very funny. It is so nice to get good service! – It is a thing I will remember when I serve at my job at home. – I am working at a cafeteria in Lyngby.



DAY 7 → Saturday the 18/05 2019

Today we was eating very boring breakfast. The hostel did only put some bread and some marmalade for us. After we eat breakfast, we went to a shopping center one our away from the hostel with bus. It was quite different compared to a Danish mall.

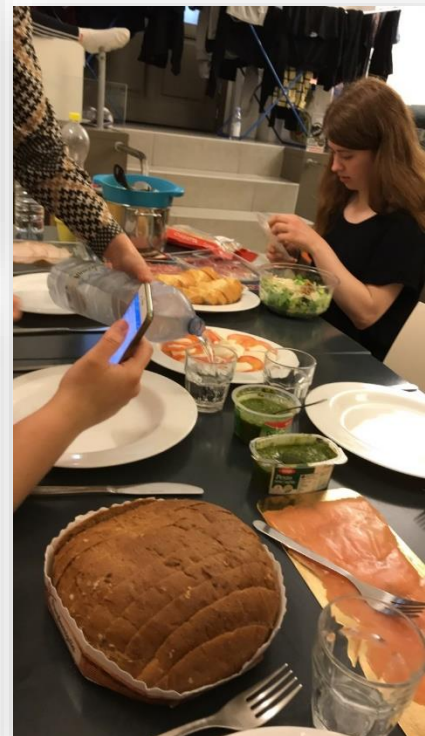
When we went home from the mall, it was raining quite a lot. Therefore, we just relaxed a bit today. In the afternoon.



DAY 8 → Sunday the 19/05 2019

Today we woke up late at 12 a clock, and went out washing clothes in a launderette. In the meantime, the laundry was washing; we went out buying some lunch/brunch. We bought some pizza. After washing clothes, we just relaxed and was together in the common room. We played Twister, colored hair, and some make some homework.

In the afternoon, we make dinner. We eaten pasta, pesto, bread, mozzarella and salmon. It was also quite rainy today.



DAY 9 → Monday the 20/05 2019

In the morning, we went to school again. We learned about pizza. We was not having Domenico as last week, but his wife. Mimmos wife cannot make pizza, but she is very good at English. Our teacher today was Domenico's wife and a man with long hairs on his arms, who was not talking English at all.

When we got back to the hostel, we was walking down to the Hurra-supermarket a bit far away. We were shopping food for food-pancakes for 12 people. It was extremely heavy to walk home with all that food. It was almost hills on the way back, just look at the photo with the stairs.

It was quite cozy to make dinner for so many. It was nice we all was helping to get it to work. We was eating food-pancakes, iceberg, peppers, guacamole, maize, meet, onion, cream fraiche and salsa.

Today have also been a relaxing day. Some was making food, some was buying food, some was getting a tattoo and some was sleeping.



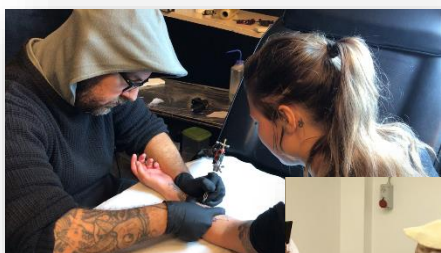
DAY 10 → Tuesday the 21/05 2019

Today we made crispy pizzas, as people from Perugia like it. On my pizza, I put some tomato sauce, some champignons, some mozzarella, some spinach and olives. It was very tasty. We also prepared a pizza dough.

When we got home from the university, I was going for a run with Lonnie, and after we were training stomach and arms in our room. Lonnie did bring some training elastics from Denmark.

Later we was down to a tattoo shop. Some was getting a tattoo and others were pierced.

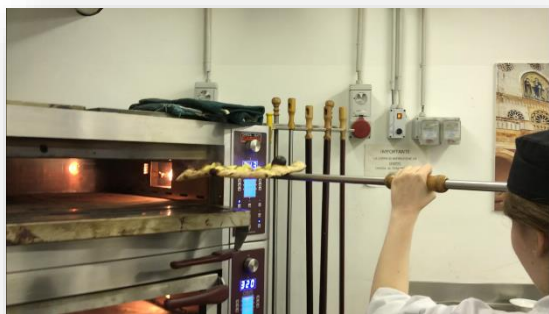
In the afternoon we went down to a china restaurant. It took very long time for the food to come, and it did not come on the same time. It was also not very good, but it was quite cheap.



DAY 11 → Wednesday the 22/05 2019

In the university we made some square white pizzas, with no tomato sauce. On my pizza I was putting some mozzarella, asparagus and lemon. It is defiantly something I'm going to try at home.

When we got home from school, we walked to Hurra supermarket, it was quite long to go with lots of food up on the hill. But when we got home we made diner and eated. We made pasta with vegetable and some whine.



DAY 12 → Thursday the 23/05

Today we made Torta al testo which is a kind of pizza. Torta al testo is made from a pizza dough, and just when it's done, you put filling on. I used squash, spinach and mozzarella.

When we got home to the hostel, we drank some cocktails. And later we made food. We used some of the rest pasta and bought some new vegetable in coop supermarket. We made curry pasta with cream and vegetable.

In the afternoon we made some smoothie from strawberries, orange, banana and soya milk. We also played twister.



DAY 13 → Friday the 24/05

It is now the last day in school. We were making some focaccia pizza. Our teacher was preparing the dough we used, Thursday. He had making a dough with cheese and nuts, and a dough with onions. We also made a classic pizza dough, just to repeat the recipe.

As fill to my focaccia, I used the cheese - and nut dough, and added some squash, fish and spinach. When we got home to the hostel, I bought some snacks and souvenirs. We also drank some cocktails on the same place as yesterday.

In the afternoon I was running a bit around Perugia



DAY 14 → Saturday the 25/05

We woke up a bit earlier in the morning, than we used to on the trip.

We were going to pack our suitcases and handbags, and clean the room. Then we went down to the bus station at 7:30.

We were driving with a bus from Perugia to an airport in Rome. It was about 3-4 ours long driving. As my lunch for the bus traveling, I was making extra focaccia pizza yesterday.

When we arrived to the airport, some walked around, some was just waiting on the airplane, and some was buying some food, and other stuff.

The fly from Rome was about 2 hours. It has been a very nice trip, and I have learned a lot about the Italian food, and Italian culture.

This trip showed me, that I really have to be happy about the Danish school system! It is so nice to live in a country, were you really can qualify baking and make food.

