

## Sunday the 12<sup>th</sup> of May

My day started at around 2:30 AM because I promised Camilla Svendsen that she could drive with me to the airport. Luckily, I had brought a couple sandwiches and some energy drinks so we wouldn't fall asleep behind the wheel.

Honestly, I spent most of my time in the plane sleeping since I had barely slept the night before. When we arrived to Rome we found out that we had to wait for about 2 hours before the bus would be there which didn't help on our sleep situation. Some spent the time reading books and others playing cards.

When the bus finally arrived, we were told that the drive was about 3.5 hours long so many of us just tried to sleep as much as we could before we would arrive at our final destination, Perugia.



We were all still incredibly tired when we arrived, but before we would arrive at our hostel, we had to make a climb that felt like Kilimanjaro with 2 suitcases and a hand luggage.

When we FINALLY arrived we were divided into 4 rooms. 10 girls in a 12 person room, 5 girls in a 4 person room and all the guys in the same room except Johan which got a "king suite" with his own king-size bed and private bathroom.

Some chose to unpack right away and go for dinner, while others

(like me) chose to go find a supermarket. What I didn't know at the time was that all supermarkets in Italy aren't open on Sundays, So we went the entire walk down to a local store just to discover that it was closed so that we could make the entire walk back again which resulted in us not being back at the hostel until 10PM.

After that we went to a restaurant and I got a delicious pasta dish with veggies in julienne. The big question of today: Why are people in Italy missing half their toilet seat?



## Monday the 13<sup>th</sup> of May

We woke up around 6:30AM, breakfast started around 7-7:30 so we had some time to get ourselves ready.



Breakfast consisted of a neutral yoghurt and some cornflakes.

We learned that it was a very typical thing for the Italians to start their day off with a cappuccino and a cake for breakfast. After we ate breakfast, we packed our bags and went down to the bus.

We thought we had to be at the school at 9:30AM but apparently, we didn't have to be there till 10:30AM so yeah that's that...

We got introduced to a couple different educations, as an example you could be completely cheese educated in around 6 months and completely educated in gelato, ice cream in about a month. At the school they make ice cream completely without additives so if they for example makes ice cream with coffee they will let the coffee sit in the ice cream for at least 24 hours to get the purest taste.

We also learned that there is different dishes and veggies for each region in Italy

White truffle is very popular in the southern regions where black truffle is very popular in the northern regions. Perugia is known for their chocolate skills.

When school was over, we shared the bus home. Some spent the rest of the day sightseeing, some took a nap and Isabella and I decided to work out. We went for a run in the beautiful nature and ended up completely tiering our legs of all those hills. When we were done working out, we went to shop for some dinner, we had a lovely pasta dish with a cream sauce.



## Tuesday the 14<sup>th</sup> of May

We woke up around 8:30 and went for breakfast and I'm already having a hard time with the breakfast which still consist of 150ml neutral yoghurt and some cornflakes. I'm really looking forward to Danish breakfast again.

When we arrived at school it was time to learn how to make a risotto, polenta and pasta with a homemade pesto. We were told that you in Italy use a mortar instead of a blender, so the pesto doesn't get black and keeps the beautiful green color. It is also important to use salt, so it doesn't get black. We didn't get to work in the kitchen right away as they teach in a different way then Denmark.



We really talked a lot about their hygiene that day as its waaaaaaay different then in Denmark. They use normal tissue to wipe off their cutting boards instead of washing them. They also taste different food with the same spoon multiple times.

After school we went to shop for dinner again and went onwards to chill the rest of the night.

## Wednesday the 15<sup>th</sup> of May

Today we learned how and which different types of pasta you use in central Italy, it was also the first day we spent in the kitchen. Our chef Mimo had prepared the paste dough and the stuffing to our ravioli. The stuffing where made of ricotta, mascarpone and parmesan. It's a very small kitchen so we are really getting close to each other. We also learned how to make bechamel sauce.





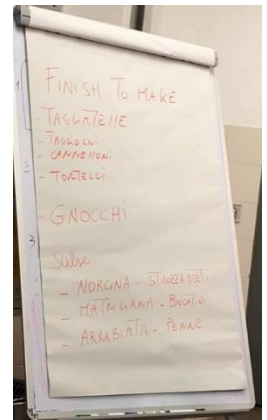
We have gotten a room at the school for our work clothes and which today is very practical as our teacher Mimo have arranged that we join a local arrangement that only happens once a year where different *families* compete. It's like a race where 3 different regions run for their Saint. The yellow one represents the pope (which always wins), the blue was a knight and the black one was more or less irrelevant as he is the lowest ranked and has to run an extra lap. We participated in a traditional folk dance which

was really fun. Afterwards we found a cableway which were basically a birdcage that could only hold 2 people. We soared to the top of the town and enjoyed the view



### Thursday the 16<sup>th</sup> of May

Today we learned how to make pasta from central Italy. We learned how to make fresh pasta in the shape of baskets in the microwave, so they become crisp. We made lasagna plates, gnocchi. Slim pastas and papatelli. The weather was great today and it had been a lot of grey skies during the week so today we decided to grab an ice cream after school and just sit together, have a good time and enjoy the weather. Some went to get pizza and others went home and relaxed afterwards. We are slowly getting to know each other and that's nice and all but you could really need like 30 minutes of privacy each day. I'm wondering why we don't have hot water at all. The first person that showers gets semi hot water and the rest gets ice cold water. Today mother Nicoline made a lovely veggie dish.



### Friday the 17<sup>th</sup> of May

Today was sadly the last day with Mimo as our teacher. He showed us 5 different dishes from the southern Italy where you often use dried pasta instead of fresh. He also showed us how you work with seafood.

After we got home, we all sad drinking prosecco until 6PM where we split up, some went and got pizza while other went home to relax. For dinner we were 6 people and we had a traditional pizza from Perugia and a margarite and then we shared a lovely white wine.



### Saturday the 18<sup>th</sup> of may

Today was our first "day off" so a couple of us decided to go to the local shopping mall to look around and se what Perugia is all about, the day was nice and relaxing.

Home at the hostel people where watching tv shows, and as we reached the night some went out dancing where others stayed home watching the Eurovision song contest.





## Sunday the 19<sup>th</sup> of May

Today was mostly just spent home, some got the laundry done while others slept most of the day and the last couple people started cleaning their rooms. Isabella and I went working out during the day sadly the weather wasn't with us as it was raining most of the day.

For dinner we got some tapas inspired food with salmon, mozzarella, tomato, bread and pesto.

## Monday the 20<sup>th</sup> of may

Today was a great day I've had 9 hours of sleep and woke half an hour before I had to.

This was our first day with a new teacher, a man that does not speak a word of English so all we had was Mimos wife to translate, she was simply so amazing and full of energy. We learned a lot about different types of flours you use in Italy and in which order you add them.

When school was over we had lunch together and we got permission to take home a goodie box so we could save some money. My self and 12 others decided that today was the day for a Mexican dinner and the final episode of *Game of Thrones*



## Tuesday the 21<sup>th</sup> of May

Today a lot of the focus were on how to make very traditional pizza dough and we were instructed in how to make a smooth, flat and round pizza. It was extremely exciting to see how you make such a small amount of ingredients into such a wonderful thing as pizza, but of course the key is in all the small details and then some of us probably got to realize that we are a little too fond of tomato sauce as our teacher Matteo told us.



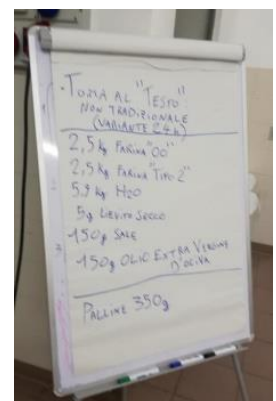
## Wednesday the 22<sup>th</sup> of may

Today we continued learning about pizza as our main subject or rather pizza alla pala. Like yesterday we started the day making the dough and then later on shaping it. The unique thing about this pizza is its weird rectangular shape. All in all, a good day.

## Thursday the 23<sup>th</sup> of May

Today we made Torta al testo that reminds me a bit of a pita bread with pizzas and pizza stuffing.

This is almost the end of our trip to Perugia so we are all a bit moody so the rest of the day where just spent relaxing.



## Friday the 24<sup>th</sup> of may

Today we got to show Matteo what we have learned during the week.

We have got to make a pizza dough out of memory without help from anyone but the rest of the class, we made focaccine con impasti conditi.

The rest of the day where spent packing.

