

My exchange trip in Italy

The 12th of may:

Today was finally the day we were going to Italy. Right now it is about 10 pm and I'm sitting on my bed, (which I by the way share with 2 of my classmates) in our hotel room in Italy. We're 5 girls living in my room, 4 out of the 5 I already know from home. The room was actually a 4 person's room, so it's a little cramped in there sometimes, but we are good at sharing and it believed or not going pretty well.

Today has been a long day but let me take you through it step by step.

- I woke up at 3 am, and left with my mom and dad for the airport at 3:45 am.
- When I got to the airport it was 5am and my flight was at 7:20 am, so I said goodbye to my parents and after that I went to join the other students I would be traveling with.
- The flight went great, though we did actually fly really high up in the air. I know I know I sound crazy, but it's the truth, if I compare this time to all the other times I have flown, then this flight was a lot higher up in the air then what I have done the other times. Like you could not even see anything that just looks a little like ground.
- We got to Italy at 9:55 am and then all we had to do was to wait, for the bus to arrive at 12:30.
- After a 3 hours bus tour, we finally got to Perugia.
- We got to the hostel, and got our room's.
- After that we all split up to find some dinner.
- I went with 3 of others, we walk around town for about a 1 hour and 30 minutes, and then found a pizzeria where we ended up eating pizza for dinner.
- After that we vent back to the hostel and got ready for bed.



The 13th of may:

Today was the first day of school, we went to school by bus.

It was a pretty relaxing day in school, we got shown around the school and after that we heard a bit about italian food culture.

After school Sofie and me went out to explore the city a bit, and bought some dinner with us home. We just chose to buy some tulinen pasta that we can put in the microwave.

After that we sat and just to relax with some milk and chocolate. And then it was time for a shower and bed.

Written by: Elise Rosenberg



The 14th of may:

Today was the first real school day, the chef showed us how to make different kind of fresh pasta. Though we didn't get to try to do it ourselves, because today we were just supposed to look and watch what he did. In the end of the school it was time for lunch, which always is delicious, today we gotta eat the fresh pasta, which we saw him made earlier.

After school we just went home to relax, we bought some food so we could cook ourselves. We ended the day by playing some games and drink the.



The 15th of may:

We woke up and left for school, which starts at 10:30 am. Again we learned about fresh pasta, but this time we got the chance to make some ourselves as well.

We got picked up by a bus which took us to a city called Gubbio where a run for the saints was happening. It's a giant celebration amongst the locals, and people from all over the world comes to see the run. In Italy the day is called "La Festa dei Ceri".

Because of the run we were all pretty tired and cold when we reached evening.



The 16th of may:

Today we had about fresh pasta again, but just like last time, we got to actually help and try to do it ourselves. After school, I had chosen to do something a bit different then the others. Because one of my best friends from elementary school called Frida, traveled to Italy in august 2018. In Italy she was going to go to high school and be a exchange student for 10 months. Before leaving for Italy, I had contacted her to ask where the family she lives at, lives. We found out that we were only 3 hours away from each other, so today we both took the train for 1,5 hour and met up at a city named Foligno. We ended up spending the evening together, which was amazing because it was more than 8 month since we last met. But it was also a VERY long day, so when I got home I just went to bed.



The 17th of may:

Today we had our last lesson about fresh pasta and the last lesson with the fantastic chef that we have had our first week in Italy. So it was a bit sad, because he truly was awesome. After school we went around the city to explore a bit more. In the evening some of the others went out drinking, but I was really tired from the day before so I just went to bed.



The 18th of may:

Today it's saturday, witch means we have the whole day to do something. We found out that we were only 45 minutes away from a shopping center by bus. So a lot of us went there and spend the day looking at shops. We ate lunch in the center before going back to the hostel in the afternoon. After we ate lunch and before we had to go take the bus, we made one last trip

Written by: Elise Rosenberg

to the grocery store to buy stuff for dinner. When we came home we made dinner together and just had a fun night, before going to bed.

The 19th of may:

Today it's sunday and right now I'm sitting in my bed at the hostel and is really tired.

Because yesterday I could hear people was planning to just have a chill day at the hostel. So I decide to get up early and go to Ancona. My friend Frida who as a mention earlier is are danish exchange student who is here in Italy for 10 months. Because Frida goes to school here, she has saturday school, which we don't have in Denmark. But last time I saw her she said that if I was bored sonday, then I should come visit her. So when I heard that the others was just going to stay at home, I bought a flixbus ticket and went to Ancona.

It took me 2 hours to get to Ancona, so I left early in the morning. I ended up having 6 hours and 45 minutes with my friend before I again had to return to Perugia. In Ancona I got to see the blue ocean and just have a really amazing day with my friend. I was back at the hostel about 21:30 pm. I was lucky that we had leftovers from the day before, so I just sat down and ate. After that it was time for bed.



The 20th of may:

It's monday which means school. I was really tired because of my trip yesterday, but with the help of some coffee and I was ready for the day. In school we met our new teacher, but unfortunately he can't speak english. So we have an english teacher there to translate what he says. We learned some basic stuff about flower, pizza and torta al testo. For lunch we got to try some torta al testo and some different pasta dishes. After school pasta carbonara we were 6 girls including me, who walk a long time to get to a big supermarket, where we could buy some stuff we want to take with us home to Denmark, but also just food for dinner. We ended up being 12 people eating mexican wraps, that we made ourselves. After that we went to bed, because it's really late.



The 21th of may:

Today we again had about pizza, but this time we got permission to get up and try to do some things with the dough. We learned more about the specific pizza recipe. And how to work with the dough. We also learned how to feel different consistency of dough.

Our lunch was the pizza we ourselves got to make, witch was really cool and tasty. Plus we got to use a real pizza oven and real pizza tools.

After school it started to hit me just how much I was missing my privacy. Because living close can be fun, but also really hard mentally. So after school Sofie and I went to the store to pick up some things for dinner. We ended up making homemade witch was delicious. After that we played some games and went to bed.



The 22th of may:

Today we made rectangular pizza witch is called pizza alla “pala”. We learned some new techniques about how to work with the dough. After school we watched some movies and later on in the evening, we eat leftovers of pasta carbonara. After dinner a lot of us went out to a bar. But I wasn’t there for long, because Sunshine (also called Isabella) who I had promised to take home if she got drunk, got drunk real fast. So I took her home to the hostel and put her to bed. At that point it was only a quarter past 12 at night, but I was getting tired, so instead of going back to the others I decided to also go to bed.

Written by: Elise Rosenberg



The 23th of may:

Today in class we learned how to make Torta al testo.

Which is kind of just pita bread with different kinds of fillings.

After school most of us went out souvenir shopping because it's our second last hole day in Perugia.

But going around all day is exhausting so I decided to just go out to buy some food. I ended up buying a bag of a frozen pasta dish, which I could just heat up on the stove. After that it was time for relaxing in bed with my computer and quilt.



The 24th of may:

So today was our last hole in Perugia and our last Day in School. In School we made focaccine. It's a bread with oil and salt, and when it's baked you cut it open and put filling inside. I decided to put tuna and rucola inside mine. When school started to reach the end we were called together and got called up one by one to get a diploma.

It has been a really amazing experience to go to culinary school in Italy. And I have learned a lot.

Written by: Elise Rosenberg

After school a lot of us when back to the hostel to pack our stuff. After that we all were pretty busy making sure we got to do all the last minute things we all suddenly remembered we wanted to do. So we all pretty much split up and ran around taking pictures and buying stuff. In the evening we split up in 2 groups and went out to eat. I got real Italian pasta carbonara, water and tiramisu for dessert. It was absolutely delicious.

Later that evening I personally didn't do much, just making sure everything was ready for tomorrow and of course making sure I had lunch for tomorrow as well.

And then it was time for bed.



The 25th of may:

Then it finally caught up to me, the last day, the day we return to Denmark. I feel both sad and happy at the same time. Sad I'm leaving Italy, but happy for the experience I have gotten and happy to soon get to sleep with a real quilt again.

Right now I'm sitting in the airplane on my way to Denmark. I woke up at 06:30 am. Then I got ready to leave for the bus. The bus left at 8 o'clock. We were in the bus for 3,5 hours.

After that we arrived at the airport and when it was time, we got on our flight. And then we are back to the present, which is that I'm right now sitting in a airplane on my way to Denmark. When we get to Denmark, my parents will be there to pick me up. And the we have to drive for about 1 hour and 20 minutes before I'm home.

All in all it has been a really good trip I have learned so much and it has been so fun to get to learn all the new people.

You have now reached the end of day to day log about my exchange trip to Perugia, Italy.

