

Log book for practical training in Hämeenlinna, Finland

Number 1

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31/3-14/4

I have now been in Finland, for 2 weeks. It has been 2 weeks with a lot new knowledge and new friendships. I live in an apartment, with 2 from Holland and 2 from Germany.

The first day I was here, Tiina took me the school nurse. The school nurse, had questions about my health and we talked about different things.

My internship is in a preschool, where I work with children in the age group 6-7 years. The group consist of 17 children, and there are 3 adults.

In the short period, I been here in Finland and in the preschool, I have experienced a lot of things.

I have been at a dodgeball game, at a school close to the preschool with the children. Dodgeball is huge here in Finland.

In the preschool, they have this tradition, where every Monday and Tuesday a child is "the shining star".

When you are the shining star, you have a piece of paper, with some questions like: family, hobbies, favourite book etc. and the child brings pictures and books with them to the preschool and talk about it with the rest of the preschool.

A thing I have thought a lot about, is that in Denmark I'm used to, that the Children bring their own lunch, and here they get the lunch served in the preschool.

08-08.30 lunch

08.30-11.15 actives, playing etc.

11.15-11.40 lunch

11.40-12.15 resting

12.15-14 playing

14-14.30 snack time

Cultural vice

I have visited 2 cities Tampere and Turku.

I saw Finland's highest building, which is a lookout tower.

And I tried a Finnish pizza with reindeer meat on it, the pizza has won world's best pizza three years, in a row. It was a fun experience.

I have seen an 800 years old castle, it is located here in Hämeenlinna. It was every exciting.

And I went ice swimming, and went into and sauna right after, typical Finnish.



